## Careers in Organisational/Occupational Psychology



Cumann Síceolaithe Éireann

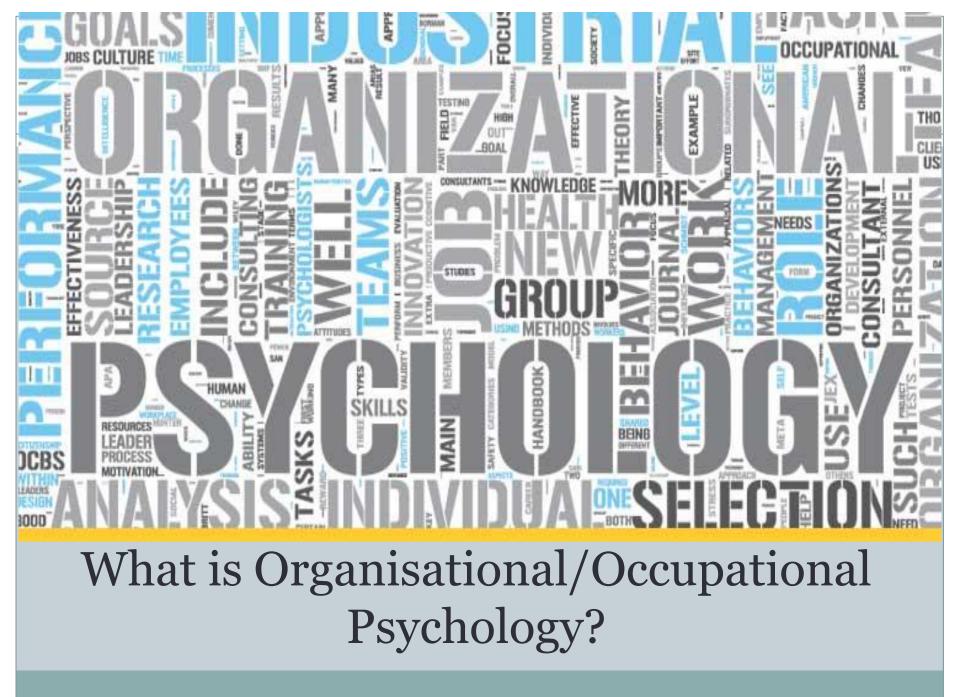
the british psychological society promoting excellence in psychology

#### RUTH MULLALLY, CHARTERED ORGANISATIONAL PSYCHOL., A.F.PS.S.I.

2<sup>nd</sup> March 2024

## Today we are going to explore...

- What is Organisational/Occupational Psychology
- Work of an Org/Occ Psychologist
- Master's Courses
- Professional bodies and Accreditation
- Coaching Psychology
- International Links



### Real examples of what Occ/Org Psychologists do



Talent Management/Success ion Planning



Where you might work **Public Sector Private Sector** Lecturing Consultancy Not-for-profit

### What Masters subjects might you study?

- Human Resources
  Development
- Psychometric Testing
- Selection and Assessment
- Leadership and Decision Making
- Skills Development
- Industrial Relations / Employee Relations
- Motivation and Satisfaction

- Health Psychology, Wellbeing, Stress
- Design of Environment and Work: Health and Safety / Ergonomics
- Organisational Theory and Change
- Training and Development
- Research Methods and Research Project/Thesis

### Master's Courses

#### • Dublin City University

- MSc Work and Organisational 2 years part-time. Tues 3:00-8:15pm. Rolling application.
- Deadline 31<sup>st</sup> July for EU applicants and 1<sup>st</sup> July for non-EU.
- Post-grad Open Day, Wednesday, 27th March 2024 from 4.00-7.00pm

#### • University of Limerick

MSc in Work & Organisational Psychology (1 year full time and 2 years part time options – Two days a week: Tues & Thurs 1pm-9pm). Deadline: 15<sup>th</sup> March. Full time programme commences in September for 2024/5 and applicants for part time will resume for academic year 2024/5

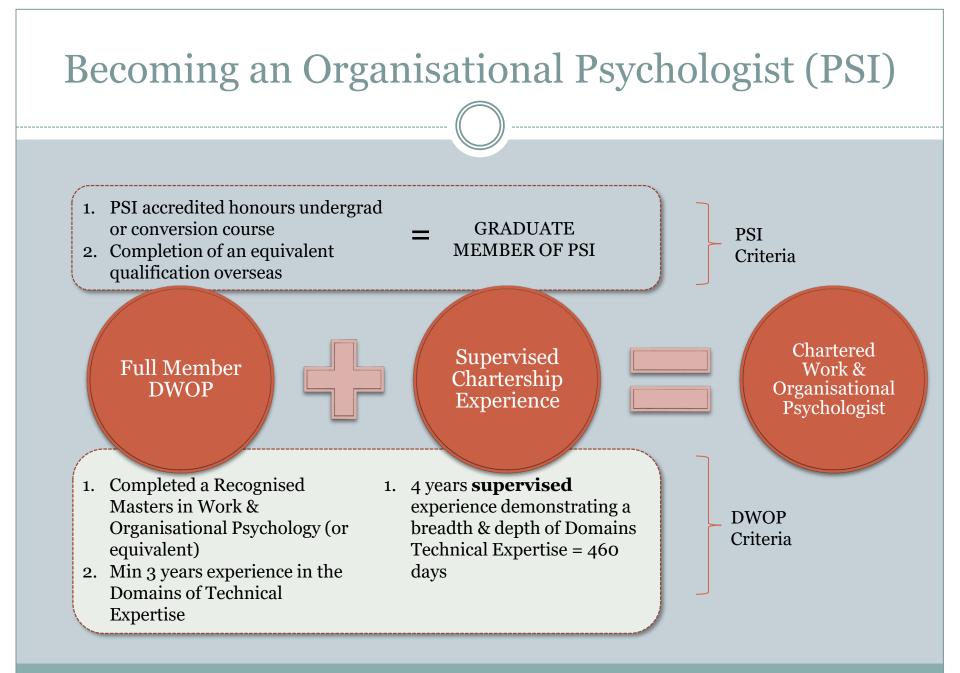
#### • Univeristy College Cork

• MA in Work & Organisational Psychology

1 year full time/2 years part time options – blended learning (50% online/50% in person). Wed 2-8pm Rolling deadline. No later than 30<sup>th</sup> June for non-EU applicants.

#### • 8 UK courses currently accredited – see BPS website <u>www.bps.org.uk</u>

- 2 accredited Distance or Blended Learning options:
- Leicester and University of the West of England



## **Professional Accreditation**

Chartered Psychologist (PSI)

- Statutory Registration of Psychologists
- Professional Learning and Development
- Visit <u>www.psychologicalsociety.ie</u> for further information

Chartered Psychologist (BPS)

- Supervised training and evaluation by a Chartered Psychologist plus Continuing Professional Development
- See <u>www.bps.org.uk</u> and <u>www.psychtesting.org.uk</u>

## More Information on Org/Occ Psych

Psychological Society of Ireland (PSI)

• Visit <u>www.psychologicalsociety.ie</u> for further information

- **Get involved**....with Division of Work and Organisational Psychology (DWOP)
- Also Special Interest Group in Coaching Psychology

British Psychological Society (BPS)

- Visit <u>www.bps.org.uk</u> for further information on Occupational Psychology and Coaching Psychology
- Get involved with the Division of Occupational Psychology in the Northern Ireland branch
- NIBPS also have a Special Interest Group in Coaching Psychology

## **Coaching Psychology**

- Applied Positive Psychology
- Draws on and develops established psychological approaches, theories and concepts
- Focuses on enhancing life experience, work performance and wellbeing for individuals, groups and organisations
- Clients usually do not have clinically significant mental health issues or abnormal levels of distress

## Subjects Covered in Coaching Psychology

- Life, Business, Executive, Performance, Career, Well-Being Coaching
- Background, History, Coaching qualities, skills and competencies
- Coaching Approaches, models and coaching interventions
- Solutions Focused, Cognitive-Behavioural, Evidence Based, Mindfulness Models

- Group and Team Coaching
- Coaching and the Coaching context
- The Psychology of Coaching and Perspectives on the Self
- Intra / Inter personal Communication and Awareness
- Coaching Project Research and review Coaching material
- Coaching practice & supervision

### **International Links**

- European Association of Work & Organisational Psychologists (EAWOP)
- American Psychological Association (APA)
  Society of Industrial-Organizational Psychologists (SIOP)

### **Thank you!**



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