Social distancing



I can stay healthy and safe by doing social distancing.



Social distancing means I stay far away from other people.



Social distancing means that places where lots of people go are closed.



Places like day services, work, churches, café's, restaurants and cinemas are closed.



Some of my favourite activities and events will be cancelled.



I won't be able to visit family and friends for now.



Cheeverstown Speech and language Therapy Dept – March 2020



This is to keep me and my family healthy and safe.



Social distancing might make me feel worried or sad.



If I feel upset about this I can talk to staff.





I can call or video chat with my family.

Staff can help me with this.



Staff can plan lots of things for me to do.



Social distancing will keep everyone healthy and safe.

