Letter to Professor Philip Nolan calling for adequate resourcing of psychology in cardiology/cardiac rehabilitation



Cumann Síceolaithe Éireann

Dear Professor Nolan,

I enclose for your attention the <u>position statement</u> submitted to the National Review of Specialist Cardiology Services (NRSCS) by the expert advisory group of psychologists specialising in cardiology regarding allocation of psychology personnel to cardiac rehabilitation (CR) in Ireland.

The Psychological Society of Ireland (PSI) has previously drawn attention to the inequitable access to psychological support for cardiac patients in Ireland and fully supports this position statement which explicitly outlines the psychological workforce needed in CR.

As you are aware, only one in five CR centres in Ireland can access psychological support for their patients, and yet this service is highly prioritised by both patients and CR centres alike.

The PSI would be most grateful if you could support our call for adequate psychological staffing for this vulnerable patient population in the National Review of Specialist Cardiac Services (2022).

Yours sincerely,

Dr Vincent McDarby, B.A., MSc, D.P.P.(Clin), PhD, C. Clin. Psychol., Ps.S.I.

President

Psychological Society of Ireland