## Careers in Organisational/Occupational Psychology





the british psychological society promoting excellence in psychology

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#### Today we are going to explore...

- What is Organisational/Occupational Psychology
- Work of an Org/Occ Psychologist
- Master's Courses
- Professional bodies and Accreditation
- Coaching Psychology
- International Links

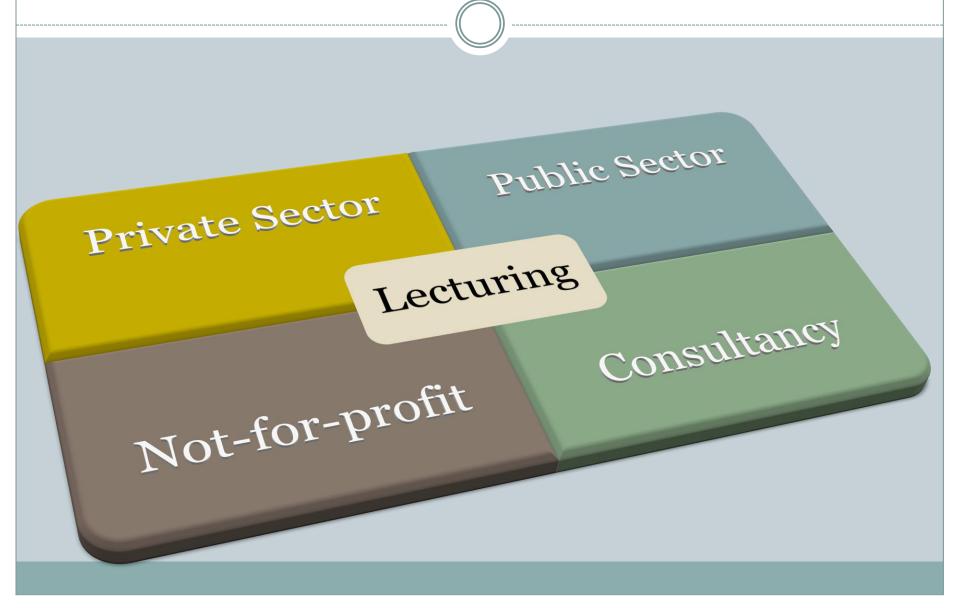


What is Organisational/Occupational Psychology?

#### Real examples of what Occ/Org Psychologists do

Talent Sel/Dev Management/Success Centre ion Planning Org Change L&D Job Seeking Transitional Graduate Strategic Workforce Recruitment Planning Coaching & Mentoring Culture

### Where you might work



#### What Masters subjects might you study?

- Human Resources
   Development
- Psychometric Testing
- Selection and Assessment
- Leadership and Decision Making
- Skills Development
- Industrial Relations / Employee Relations
- Motivation and Satisfaction

- Health Psychology, Wellbeing, Stress
- Design of Environment and Work: Health and Safety / Ergonomics
- Organisational Theory and Change
- Training and Development
- Research Methods and Research Project/Thesis

#### Master's Courses

#### • **Dublin City University**

o MSc Work and Organisational – 2 years part-time. Wed 3-8pm (students joining in 2024 – classes will take place on a Tuesday). Rolling application. Deadline 31<sup>st</sup> July for EU applicants and 1<sup>st</sup> July for non-EU.

#### University of Limerick

o MSc in Work & Organisational Psychology (1 year full time and 2 years part time options – Two days a week: Tues & Thurs 1pm-9pm). Deadline: 31<sup>st</sup> March. Full time programme commences in September for 2023/4 and applicants for part time will resume for academic year 2024/5

#### Univeristy College Cork

MA in Work & Organisational Psychology
 1 year full time/2 years part time options – blended learning (50% online/50% in person). Wed 2-8pm
 Deadline: 6<sup>th</sup> March, 1<sup>st</sup> May, 3<sup>rd</sup> July. Non EU applicants 30<sup>th</sup> June

#### • 8 UK courses currently accredited – see BPS website <a href="https://www.bps.org.uk">www.bps.org.uk</a>

- o 2 accredited Distance or Blended Learning options:
- Leicester and Bristol

#### **Professional Accreditation**

## Chartered Psychologist (PSI)

- Statutory Registration of Psychologists
- Professional Learning and Development
- Visit <u>www.psychologicalsociety.ie</u> for further information

## Chartered Psychologist (BPS)

- Supervised training and evaluation by a Chartered Psychologist plus Continuing Professional Development
- See <u>www.bps.org.uk</u> and <u>www.psychtesting.org.uk</u>

#### More Information on Org/Occ Psych

### Psychological Society of Ireland (PSI)

- Visit <u>www.psychologicalsociety.ie</u> for further information
- **Get involved**....with Division of Work and Organisational Psychology (DWOP)
- Also Special Interest Group in Coaching Psychology

# British Psychological Society (BPS)

- Visit <u>www.bps.org.uk</u> for further information on Occupational Psychology and Coaching Psychology
- Get involved with the Division of Occupational Psychology in the Northern Ireland branch
- NIBPS also have a Special Interest Group in Coaching Psychology

## Coaching Psychology

- Applied Positive Psychology
- Draws on and develops established psychological approaches, theories and concepts
- Focuses on enhancing life experience, work performance and wellbeing for individuals, groups and organisations
- Clients usually do not have clinically significant mental health issues or abnormal levels of distress

### Subjects Covered in Coaching Psychology

- Life, Business, Executive, Performance, Career, Well-Being Coaching
- Background, History, Coaching qualities, skills and competencies
- Coaching Approaches, models and coaching interventions
- Solutions Focused, Cognitive-Behavioural, Evidence Based, Mindfulness Models

- Group and Team Coaching
- Coaching and the Coaching context
- The Psychology of Coaching and Perspectives on the Self
- Intra / Inter personal Communication and Awareness
- Coaching Project Research and review Coaching material
- Coaching practice & supervision

#### **International Links**

- European Association of Work & Organisational Psychologists (EAWOP)
- American Psychological Association (APA)
  - Society of Industrial-Organizational Psychologists (SIOP)

#### Thank you!



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