



Press release – 19.08.2020

The Psychological Society of Ireland identifies psychological and mental health needs arising from COVID-19

- **Various impacts identified that can be expected following COVID-19**
- **Direct impact of the illness on individuals and groups, including loss of life and grief**
- **Social and economic effects associated with the public health measures implemented to mitigate, suppress, or eliminate the spread of COVID-19**

The Psychological Society of Ireland (PSI) has compiled a paper, ***Psychological and Mental Health Needs Arising from COVID-19***, which identifies some of the impacts that can be expected following the COVID-19 pandemic. The information was compiled by PSI members sitting on the Society's Science and Public Policy Committee.

The list of impacts identified includes:

1. Psychological impacts of COVID-19 at the individual level;
2. Loneliness and isolation;
3. Work and organisation impacts of COVID-19;
4. Impacts on third level education;
5. Economic recession, financial threat, and unemployment;
6. Longer term psychosocial impacts associated with catastrophes, emergencies, and upheavals.

Whilst the list is not exhaustive, it considers the wide range of impacts, beyond those directly related to the illness itself, that may be experienced following the COVID-19 pandemic. What is not possible is to be clear on the causes of these impacts. In Ireland, there has been a direct impact of the illness on individuals and groups, including loss of life and grief associated with this, but there have also been the social and economic effects associated with the public health measures implemented to mitigate, suppress, or eliminate the spread of COVID-19.

The paper from the PSI brings together immediate evidence on COVID-19 as well as some of the lessons which can be learned from related relevant literature around previous catastrophes, disasters and emergencies providing an evidence-base across sectors disciplines and countries.

ENDS.

For further information, or to arrange an interview, please contact:

Lisa Stafford

PSI Head of Communications

087 945 2801

Note to Editor

- Click [here](#) to view ***Psychological and Mental Health Needs Arising from COVID-19***
- The Psychological Society of Ireland (PSI), with circa 3,100 members, is the learned and professional body for Psychology in the Republic of Ireland
- This paper has been prepared by the PSI Science and Public Policy Committee in response to the COVID-19 pandemic