



## Have your say: Stakeholder consultation on the future of youth mental health services

On behalf of the Sharing the Vision Youth Mental Health Transitions Specialist Group, we would like to invite you to nominate representatives from your CAMHS and AMHS teams to attend a stakeholder consultation event on Wednesday July 12<sup>th</sup> next in the Gibson Hotel, Dublin 1.

The stakeholder consultation relates to the following recommendation in <u>Sharing the Vision</u>, Ireland's national mental health policy:

## **Recommendation 36**

Appropriate supports should be provided for on an interim basis to service users transitioning from CAMHS to GAMHS. The age of transition should be moved from 18 to 25, and future supports should reflect this.

The Youth Mental Health Transitions Specialist Group was formed to address the implementation of this complex recommendation. One of the associated actions of the recommendation is to:

develop a reconfiguration plan, including prioritised and phased recommended actions in order to plan for the provision of age-appropriate specialist mental health services up to age 25.

To enable implementation of this recommendation, a phased work plan and timeline for delivery (Quarter 4 2023) has been designed and agreed by the Specialist Group and National Implementation and Monitoring Committee (NIMC), proposing stepped improvements in mental health services for young people in the short, medium and long-term.

A key priority of the specialist group throughout its work is to hear the voice and experience of young people and of those who provide services and work in the area of youth mental health.

The consultation event on July 12<sup>th</sup> is taking place to seek views and inputs from staff working in CAMHS and GAMHS on the long-term reconfiguration plan.

On the day, feedback from a consultation due to take place earlier in July with young people aged 16-25 who have experience of CAMHS will be shared. We are working with colleagues in the Department of Health and Spunout to facilitate the consultations.

We appreciate if you would seek expressions of interest from **two representatives from each of the CAMHS teams and one from each AMHS teams** in your area to attend the event. Representation from across **a mix of professional backgrounds and grades is important**. Once we have received nominations from each CHO we will finalise and confirm the list of attendees, depending on overall number of expressions received, geographical representation and professional role.

Each team member who is interested in attending should complete this <u>Expression of Interest</u> by Tuesday 4<sup>th</sup> July 2023. Once we have received all expressions of interest, we will confirm directly by



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email with those who are allocated a place. We want to ensure that each team receives at least one place at the event, so it's important that **team name and location are clearly included** on the form.

We appreciate your support for this important consultation. The day provides an opportunity to ensure the views and insights of our colleagues, who have such valuable experience in supporting young people through mental health difficulties, are heard and considered as this work progresses.

If you have any questions please let us know. Further event details are below.

Yours sincerely,

Derok Chambers

**Derek Chambers** 

General Manager (Policy Implementation) National Mental Health Operations Mark Smyth

Chair, Youth Mental Health Transitions Specialist Group Senior Clinical Psychologist, Dublin North City & County CAMHS

## **Event details**

Date and time: Wednesday 12 July, 2023, 10am-4.30pm

**Venue:** Gibson Hotel, Point Square, North Dock, Dublin, D01 X2P2

**Hosts:** HSE Mental Health Operations and the Dept. of Health, in partnership with

Spunout

Proposed agenda:

10am Registration

10.30am Welcome, opening address and event overview

10.50am The case for change

11.25 The voice of young people

12.15 Presentation on research from University of Galway

13.30 Lunch

14.30 CAMHS redesign consultation

16.15 Closing remarks

**Location and transport options:** The venue is accessible by Luas from Dublin city centre, Connolly Station and Heuston Station. Some car parking is available at the hotel. For more info see <a href="mailto:gibsonhotel.ie">gibsonhotel.ie</a>.